



ONE SPA INTRODUCES CANCER TOUCH THERAPY TREATMENT

One Spa, part of the 5* Sheraton Grand Hotel & Spa in Edinburgh, has launched a Cancer Touch Therapy treatment in partnership with Made for Life Organics for those currently living with and recovering from cancer.

In tranquil surroundings, the nurturing and calming 'Hand on Heart' treatment for the head, face, back and shoulders will allow guests to drift away into a meditative state of relaxation. The therapy involves a sequence of slow, rhythmic Tui Na Chinese massage techniques to soothe and calm the upper body, whilst the facial replenishes, nourishes and revives the complexion.

Using Made for Life Organics products which are hand-made using herbs, flowers and oils without any synthetic chemicals or parabens, the therapy is a safe and effective way of giving guests a remarkably comforting experience, allowing an opportunity to truly relax.

Working with registered charity, Made for Life Foundation, whose intensive training programme is accredited by the Complementary Medical Association, One Spa's therapists are fully qualified to carry out the holistic treatment to the highest standard in the beautiful and light-filled setting of the spa.

Jo Syme, Spa Manager at One Spa said: *"We are so pleased to be able to offer a safe and accessible treatment for those who have been diagnosed with cancer. The therapy offers a much needed respite from everyday life and a welcome addition to our offering at One Spa."*

Amanda Barlow, MD of Made for Organics and Founder of the Made for Life Foundation said: "I believe that all spas should open their doors and embrace the opportunity to provide support to people going through cancer. We are all absolutely delighted that One Spa became the first Spa in Edinburgh to be trained to do just this. Feedback from guests who have been unable to have spa treatments in the past and the therapists who are now able to welcome them in has been absolutely heart-warming."

The 'Hand on Heart' treatment, available from 1st October 2017, is priced at £107 per person and lasts 1 hour and 20 minutes.

ENDS

Notes to Editor

Interview opportunities on request:

- Jo Syme, Spa Manager at One Spa
- Amanda Barlow, MD Made for Life Organics and Founder of the Made for Life Foundation

For full details on One Spa, as well as the latest offers please visit:

www.onespa.com

One Spa, 8 Conference Square, Edinburgh, EH3 8AN

ONE SPA OPENING TIMES

Monday to Friday: 06.30 – 22.00

Saturday & Sunday: 07.00 – 21.00

About One Spa

Opened in October 2001, One Spa is widely regarded as one of Europe's most advanced urban spas. Adjacent to the five-star Sheraton Grand Hotel and overlooking Conference Square, the six storey building has four split-levels of spa covering over 34,000 sq. ft.

A shimmering rooftop Hydropool and indoor infinity pool go hand-in-hand with a rejuvenating thermal suite and a soothing spa treatment programme, whilst an express salon offers beauty perfecting treatments on the go. Complemented by a fully functional gym and studio space, One Spa is a truly holistic experience that rewards mind and body over and over again.

@OneSpaEdinburgh

About the Sheraton Grand Hotel & Spa

The Sheraton Grand Hotel & Spa first opened in 1985 and is one of Edinburgh's most luxurious hotels. With an enviable location in Edinburgh's city centre, the hotel has dramatic views of Edinburgh castle and is within walking distance from all of the major attractions including the Royal Mile, Arthur's Seat and shops on Princes Street. Following an exciting multi-million pound refurbishment, the hotel offers 269 stunning guest rooms with cutting-edge technology, glass walled bathrooms and Sheraton Signature Sleep Experience. The renovation of the Sheraton Grand Hotel & Spa has also seen the addition of a brand new Club Floor and an exciting new bar and restaurant. The hotel also boasts a dedicated meetings and events complex with 14 flexible function rooms. The Sheraton Grand Hotel & Spa is also home to One Spa, widely regarded as one of Europe's finest city Spas offering a range of holistic Spa treatments, 19m swimming pool, iconic hydropool and unique Thermal Suite. The newly refurbished gym & studios are equipped with state of the art equipment and a tailored exercise programme unique to Sheraton guests.

About Made for Life Organics and the Made for Life Foundation

Made for Life Organics grew from a need for skincare that nourishes your body both inside and out. Since their conception, the formulations have evolved with dermatological research and that of the incredible power of nature. In 1999 it was the first UK company to achieve 100% organic certification across the entire collection from the Soil Association. From the beginning, every single product has been made by hand in Cornwall using herbs, flowers and oils from as close as quality will allow. The provenance of every ingredient that goes into our products is tracked so each balm, oil or ointment has its own life story. The products and team have won many high profile awards.

Made for Life Organics has an ethos of healthy and wholesome living, from the labels on the recycled glass bottles and jars to the product miles of our ingredients. It is about making choices that contribute to our own wellbeing and that of the world we live in. This ethos extends to our Made for Life Foundation, which supports those facing cancer.
Made for Life- Made for you- Made a difference

Find out more at www.madeforlifeorganics.com and www.madeforlife.org

This CMA accredited Cancer Touch Therapy training course enables spas to confidently open their doors to anyone going through cancer and provide much needed support. Made for Life Organics funded the development of this course and all profits from the course go directly into the Made for Life Foundation (registered charity 1138846) to continue to support the complementary support services offered through the charity. The course was developed taking advice from oncology massage teachers and advisors within the oncology team at the Royal Cornwall Hospitals Trust. Marc Innes, MISRM, MCMA. Founder of the School of Natural Therapies is the course lead trainer and gained accreditation for this course from the Complementary Medical Association (CMA).